



# (ELI)ZABETH OWENS



## Track Listing

1. Once in a While	3:59
2. Beware	3:16
3. Hospitality	4:10
4. The Lagoon	4:07
5. <b>Oversoon</b>	<b>4:28</b>
6. Cliffside	5:28
7. Potion	3:43
8. Ruptake	5:19
9. Layperson	4:39
10. Only Human	4:50
11. <b>Receiver</b>	<b>4:10</b>
12. Patience	3:39
13. Sending & Receiving	5:46
14. Be Still	3:41
15. Day One	4:51

## Knock Knock

## BIOGRAPHY

((Eli)zabeth Owens (they/them) is a nonbinary songwriter/artist based in Richmond, Virginia using music & video as a vehicle for brave and vulnerable self-uncovering.

As a lover of magick with a background in classical piano, voice, guitar, Celtic harp and sound design, Owens uses these instruments as tools for deep inner work that translate to sparkling arrangements and stunning live performances.

Playing with the languages of folk, romance, soundscape, avant-garde and glitch, their music results in a timeless yet cuttngly fresh brand of art rock unlike anything you'll hear today. Conceptually, their work centers around unraveling ego patterns and harmful cultural myths, allowing love and compassion to blossom amidst painful overgrowth.

Their live sets are as exciting as they are intimate, boasting Celtic harp, piano, cutting vocals and richly layered backing tracks.

After pursuing degrees in both Filmmaking & Psychology in Richmond, Virginia, Owens decided to focus their efforts on music production & education in 2014. Since then, they have been forging a path of relentless self-discovery and aural storytelling through such unique releases as **Knock Knock** — a three-act visual album about sobriety and what it means to be fully human — and **Coming of Age**, a folk/rock record about unraveling toxic myths.

For the last five years, Eli has also been passionately pursuing music education, teaching both private lessons and K-12, and helping run Grimalkin Records, a nonprofit record label and collective that supports marginalized artists.



...Dreamlike arrangements are polished with a spectral veneer...anchored by the raw intimacy of Owens's lyrics...

[The Auricular](#)

...The first time I heard the opening song, "5Am" I got chills down my spine...

[Indie Witches](#)

...so unlike anything you'll hear today. There's a real freshness and modesty to it, so wildly one-of-a-kind and worth thoughtful listening...

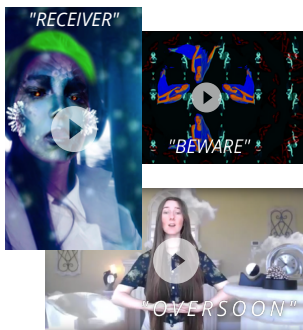
[The Music Mermaid](#)



## PRESS



## VIDEOS



## HIGHLIGHTS

- Local support for artists including Lucy Dacus, Angelica Garcia, Deqn Sue, McKinley Dixon, Minor Poet & Kenneka Cook
- Featured songwriter on popular state-wide news segment, Virginia Currents
- Awarded \$3,000 for the song, "The Light's On," in a songwriting competition sponsored by StoriesToArt
- 4,416 plays on Bandcamp with minimal promotion

## FOR FANS OF

Caroline Polachek, Katie Dey, Kate Bush, FKA twigs, Bjork

## CONTACT

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GRIMALKIN records